



### **Advance Directives Patient Instructions**

If you, or a family member, have Advanced Directives it is important that all of your health care providers have a copy. Please make 3 copies:

1. A copy should be given to your primary care physician to be placed in your medical record.
2. A copy should be sent to Frederick Memorial Hospital medical records department so it is available in emergent situations.

By Mail: Frederick Memorial Hospital  
Attn: Medical Records Department  
400 West Seventh Street  
Frederick, Maryland 21701

By Fax: FMH Medical Records @ 240-566-3619

By Email: [#FMHHIM-Analysts@FMH.org](mailto:#FMHHIM-Analysts@FMH.org) or [#FMHHIM-Clerk@FMH.org](mailto:#FMHHIM-Clerk@FMH.org)

3. A copy should be placed in an envelope marked "FOR EMS" on your home refrigerator, along with an active medication list.

If you do not have an Advanced Directive, you may call the Maryland Attorney General's Office @ 1-888-743-0023, or obtain a copy online @ [www.caringinfo.org/files/public/ad/maryland.pdf](http://www.caringinfo.org/files/public/ad/maryland.pdf)