

TREATMENT OF DVT (OUTPATIENT PROTOCOL)

Patient (> 18 y.o.) presents to office.
(High probability of DVT)

Exclusion Criteria:
(send to ER)

Active GI bleed
Recent hemorrhagic CVA / ICH
Recent neurosurgery/ epidural injection
Multiple/major trauma; Fresh surgical wound
Medication compliance concerns
Liver Disease: Childs class B or C

Request Venous Doppler STAT

(Send patient with a Lab Slip*; give initial 30-day supply of medication)

*Lab Slip:
BMP (Creat c GFR)
CBC c diff / plats
PT / PTT
Pregnancy test
(women child-bearing age)

Refer if:
CrCl < 30
Plats <50 – 100k
Unexplained Anemia
Abnormal PT/PTT + Pregnancy

(refer if pregnant or nursing)

Negative

Positive Simple DVT
(distal femoral or below)

Complex Thrombus

Clinical Suspicion
Low High

Ileofemoral clot
Vascular Compromise
Bilateral DVT (non post-op)

Send Home

Check d-Dimer;
repeat Doppler
(3-7 days):
?Heme consult

Start Factor Xa Inhibitor (Eliquis or Xarelto) for CrCl > 30**

Refer to ER /
Heme /
Vascular Surgery

Compression stockings (prevent post-phlebotic Syndrome); Elevate legs
Activity (above knee – restrict activity x ~1 month)

Pt Education:
DVT
Medication

Treatment: 3 months
(below knee, provoked);
≥ 6 months (above knee);
(If any concern about clearing, t/c d-Dimer)

Hypercoagulable Workup For:
Recurrent DVT / PE
Unprovoked DVT
Family history of DVT
Frequent miscarriage
(consider heme consult for above)

TREATMENT OF DVT (OUTPATIENT PROTOCOL)

FACTOR Xa INHIBITORS		
Criteria	<u>Eliquis</u>	<u>Xarelto</u>
Generic	Apixaban	Rivaroxaban
Dose	2 x 5 mg BID x 7 days 5 mg BID thereafter	15 mg BID x 21 days 20 mg QD thereafter
Adjustments	none	take pills with food
Renal Dosing CrCl 30-60 CrCl 15- 30	usual dose usual dose (p dialysis)	usual dose avoid use
Holding	(hold tx > 24 hours before surgery or invasive procedure with low bleeding risk; >48 hours for moderate - high bleeding risk)	
Pregnancy	B	C
Breastfeeding	Safety Unknown	Safety Unknown
Age	>18 yo	>18 yo
Cost (Epocrates, 2/16)	\$394 / month (5mg)	\$380 / month (20 mg) \$394 / month (15 mg)
Pharmaceutical Perspective	Does not interact with commonly used medications (ie diltiazem) No drug – food interactions Improved safety / efficacy with BID dosing	Most prescribed new oral anti-coagulant Most studied / safety data Better affordability / access
Initial Instructions	Give 2 sample boxes (14 each) and free 30-day Trial Offer	Give Rx for (free) 30-day Trial Offer CarePath card
F/U Instructions	Give \$10 Co-pay card Call 1-855-354-7847 (M-F 8-8)	Give Savings card (free) Call 1-888-927-3586 (M-F 8-8)
Or Check:	www.ELIQUIS360providerportal.com	www.XareltoCarePath.com

STAT VENOUS DOPPLER TESTING SITES

FMH Crestwood 7 AM – 6 PM (M-F); 7 AM – 1 PM (Sat)

Drs. Fox/Silva/Haider 8:30 AM – 5PM (M-F)
(Horizon Vascular)